

# The Art of Relating



**An interactive and fun workshop specifically designed for individuals wanting to improve their**

**self-confidence;**  
**self esteem;**  
**ability to form friendships and close relationships;**  
**and build on existing skills**

**Date:** 3 consecutive Mondays: November 7, 14 & 21, 2016  
**Time:** 6.00 pm to 8.00 pm  
**Venue:** RelateWell Centre, Suite 102 (Level 1), 398 Sydney Road, Coburg  
**Cost:** \$50 per person  
**Cut-off:** Wednesday 2 November 2016  
(Light refreshments provided)

*This workshop is funded by the Australian Government Department of Social Services.*