



Enrolment Form for
Understanding Cross-Cultural / Family of Origin Influence

There's a well known cliché that says you don't marry a person but a family. This can bring lots of excitement and opportunity but it can also bring lots of grief and conflict.

In collaboration with the Australian Greek Welfare Society Ltd (AGWS), we will deliver a seminar that will assist you in embracing 'family of origin' cultural differences; and develop skills to incorporate these differences into your relationship, marriage and family life.

The AGWS family counsellor who will be facilitating the program has many years' experience in dealing with family of origin issues; and will be exploring the following areas at the seminar:

- Not being accepted by his/her family
- Not living up to expectations and feeling inadequate or judged
- Conflict about religious ceremonies
- Over involved in-laws/parents
- Isolation and feeling left-out
- Parenting/grand-parenting issues
- How to improve communication
- Standing up for yourself without offending
- Resolving conflict

When: Monday 26 October 2015
Venue: RELATEWELL Centre, 21 Bell Street Coburg
Workshop: 6.30 pm to 7.30 pm ... followed by Q & A
Cost: \$20 per couple

Enrolment Form

Name: Name:
Address: Address:
Suburb: Postcode:..... Suburb: Postcode:
Telephone: (M) Telephone: (M)
(H) (B) (H) (B)
Email: Email:
Stronger Relationships Trial Registration No.:

Please complete and forward to relate@relatewell.org.au or via post to 21 Bell Street, Coburg Vic 3058
www.relatewell.org.au www.agws.com.au